CAROLINE’S 'ADOPT A GRANNY’ MOVEMENT...

...WITH THE ANTON SAVAGE SHOW

Caroline English is a new mum and recently lost both of her parents. They lived in a nursing home for the last years of their lives. She noticed the joy that visits from children gave to the elderly residents & she decided to do something about it - and she hopes you will too. Here you'll find some useful info on how to go about approaching your local nursing home / school to set up what Caroline has called 'Adopt a Granny'.

CONTACT

The Director of Nursing at your local nursing home will be happy to talk to you, as will the Transition Year Co-ordinator in your local secondary school. Be mindful that the nursing home is the person’s home and their wishes must be respected. They'll have to give permission for visits from non-family members.

IDEAS

Come up with ideas as to how the kids & residents would spend their time. For example, arts & crafts, listening to or playing music, teaching tech, gardening projects.

THE SMALL PRINT

Children will need to be covered by insurance while visiting nursing homes. Check with the school for cover. They will also need written permission from parents to make visits. While in the nursing home, supervision will be needed by a member of staff and possibly a teacher/mentor. Volunteers over 16 yrs will need to go through the Garda Vetting process. The nursing home should help arrange this.

IT’S WORTH A GO!

We’ve spoken to both sides - the kids & the residents - and when arrangements like this work, they give a lot of joy to all concerned. It teaches young people social responsibility & for those residents who wouldn’t otherwise receive many visits, they can converse & engage with their visitors & new friends.